

SOUTH WIND SWIM CONFERENCE FINALS MEET

HOSTED BY: MOUNTAIN HOME HURRICANES AND POCAHONTAS DOLPHINS

JULY 22, 2023

MOUNTAIN HOME, ARKANSAS

Site: Cooper Park pool, off Spring Street. 8 lane SCM (25) outside with Colorado Timing. Display board for results.

Participating Teams: All South Wind summer league teams in good standing.

Events: Standard South Wind Conference list, **no 6 & under events.**

Scoring: Individual Events (16 places)

Relay Events (8 places)

Awards: Individual Events: **Medals for 1<sup>st</sup> thru 8<sup>th</sup>, ribbons 9<sup>th</sup> thru 16<sup>th</sup> place.**

Relay Events: **Medals for 1<sup>st</sup> thru 4<sup>th</sup> place, ribbons 5<sup>th</sup> thru 8<sup>th</sup> place.**

- Large Team / Small team awards
- High point awards for all age groups (Male & Female - 8&U, 9-10, 11-12, 13-14, 15-18) The points are based on individual swims, relay points do not count.

**Awards will be presented at the end of the meet in Youth Center gym, bring your own chair. Air conditioning!!**

Meet fees: \$5 per individual event. \$10 per relay. Get your payment to Anna Lawhon of POC.

NO bullpen.

Miscellaneous: Concession stand available. Hospitality (lunch!) for coaches and officials. Life guard and first aid provided by the Mountain Home Parks Department. There will be a limited swim shop. We do have tech suits for sale.

Heat sheets are \$5.00. At swim shop.

Entry info: **All entries are due by 5 pm Monday July 17<sup>th</sup>.** Athletes may compete in three (3) individual and two (2) relays. Please email your entries using Team Manager to [hopenormandy@hotmail.com](mailto:hopenormandy@hotmail.com). (See below about Distance events)

NO DECK ENTRIES. Athletes may swim 3 individual and 2 relays. All individual events must have a time achieved since 6-1-2023 in a South Wind swim meet. NO "NT" are allowed. **Each team may enter 2 relays in each relay category but must follow age rules. Relays may enter NT.**

SEND ENTRIES TO: [hopenormandy@hotmail.com](mailto:hopenormandy@hotmail.com). Hope Normandy (870) 404-2128. Proof sheet will be sent of your entries asap. If you need proof of entries sent to anyone other than the person who sends in the entries, please advise.

Fees: \$5 per event, \$10 per relay.

Rules: South Wind and AAU rules apply. No alcohol, vaping or smoking in the park.

Use of audio or visual recording devices, including a cell phone, is NOT PERMITTED in locker room/rest room or behind the blocks. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue when athletes, coaches, officials and/or spectators are present. No parking on the grass.

Timers: Will need to staff with 2 timers per lane. Once we get our parents signed up we will let you know your team's lane and such.

Officials: Are welcome. If you have new officials who need to shadow have them attend the officials meeting. Please send us who you will have. Remember the new South Wind requirement about teams supplying officials.

Meet Director: Chris Kohler

Referee: Michael Lawhon

Starter: Jason Reiss

Timetable: 20 minute warmups. This time includes starts for your team. Assignments for warmups will be sent after all entries received.

Officials Meeting 8:30 a.m.

Timers meeting 8:40 a.m.

Coaches meeting 8:50 a.m.

Team walk out 9:00 a.m.

National Anthem. 9:20 a.m.

Meet starts at 9:30 a.m.

All athletic participants must have current AAU. **Scratches and Adds must be in by 8:30 to the Clerk of Course.** . Relay changes need to be in at that time if possible. There will be a "coaches tent" area set up with tents, bring your own chairs.